

# Hot Lunch Information

We are pleased that Future Foodies will be providing hot lunch again this year. Jackie Kincaid Habiger '91 founded Future Foodies after seeing the need to nourish, and in turn educate students on healthy unprocessed foods! Not only because students need their bodies & brains to be at their best, but also because learning to make smart food choices today will ultimately lead to making smarter & healthier food choices in their future.

Future Foodies is passionate about creating healthy, balanced, made-from-scratch school lunches, paying close attention to the ingredients, and are dedicated to sourcing from local producers including Campo Lindo Farms, McGonigles meats, Sasha's Baking Co., and Farm to Market Bread. Families can feel confident that the each meal is prepared fresh using quality ingredients, with balanced nutrition & attention to value.

Future Foodies operates a peanut free kitchen. If you have severe medical food allergies or concerns, please email [hotlunch@ndsion.edu](mailto:hotlunch@ndsion.edu).

Each day that a meal is purchased, students will have the choice between either the hot entrée, or a "Pick 2" from the Soup, Salad, and New Sandwich Bar. Students will be allowed one pass through the line. **Hot Lunch service will start on Monday August 22<sup>nd</sup>, so please plan to bring a sack lunch for the first few days of school.**

New this year, the entire semester or entire school year can be purchased in advance at a discount with a **check payable directly to the school**. Meal pricing is as follows:

Pre-paid Semester Price	\$415.00	(5% discount)
Pre-paid Full Year	\$785.00	(10% discount)
Daily lunch price	\$ 5.65	

If you would like to take advantage of the discounts and convenience of the pre-paid semester or full year options, please complete and return the following information with your check by August 17. Please mail pre-paid requests and payment to our business office at 3823 Locust St., Kansas City MO 64109, or drop off at the High School office. Contact Leanna Hattaway in the Business Office with questions at [Lhattaway@ndsion.edu](mailto:Lhattaway@ndsion.edu).

(Print, Complete, and Return)

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Student Name, Grade, Pre-Paid Lunch Option Selected:

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Student Name, Grade, Pre-Paid Lunch Option Selected:

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Student Name, Grade, Pre-Paid Lunch Option Selected:

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Amount of check enclosed Payable to Notre Dame de Sion: \_\_\_\_\_

(Over)

If you choose **not** to take advantage of the discounts and convenience of the pre-paid semester, or full year options, individual daily meals can be purchased for \$5.65 each online using [myschoolaccount.com](https://myschoolaccount.com) again this year. Menus will be posted monthly on the hot lunch page of the school website. Students can sign up by Saturday midnight for each upcoming week. A service fee of \$2.00 will apply to each deposit made through [myschoolaccount.com](https://myschoolaccount.com). The walk up "Pick 2" Soup, Salad, and Sandwich Bar will be available to students without pre-ordered lunches as long as funds are available in their MySchool Account. See enclosed flyer for more information on setting up your MySchoolAccount.