

# **Notre Dame de Sion Athletic Department**

Fall Parent Meeting 2016-17

# Purpose of Meeting - Agenda

1. Provide information for the 2016-17 athletic seasons.
2. Communicate expectations for our student athletes and parents.
3. Provide information that may help avoid conflicts, problems, or questions that may arise during the upcoming season.

# Athletic Department Staff

Kate Pilgreen  
Athletic Director

Sarah Johnson  
Assistant Athletic Director

Dennis Conaghan  
Assistant Athletic Director

# Athletic Trainer:

## Kyle Jensen -

Dr. Jensen is an honors graduate of Cleveland Chiropractic College in Overland Park. Prior to graduation at CCC-KC, Dr. Jensen attended Northwest Missouri State University where he received a double major in Biology and Psychology.

- ★ [MSHSAA Concussion Information](#)
- ★ [MSHSAA Physical](#)
- Concussion Baseline Testing for all athletes.
  - <https://www.impacttest.com/audience/?parents-3>

# Booster Club

*Notre Dame de Sion Athletic Booster Club:*

<http://www.ndsion.edu/community/athletic-booster.cfm>

President: Kim Ulowetz

Vice President: Maureen McDaniel



# Academic Eligibility

*Approximately halfway through each quarter and at the end of each quarter, the Assistant Division Head for Academics will do a grade check for any student participating on an interscholastic team, sport, or activity. The dates of these checks will be noted on the school calendar.*

*If the grade check shows more than one grade below a C-, the student will be immediately ineligible to participate in practices, rehearsals, games, tournaments, or performances for the week (Monday to Sunday). At the beginning of the following week, if the student's grades have improved, they may submit to their coach or sponsor a form signed by the Administration that declares they are eligible to begin practice and participate in games, tournaments, etc. Once a student has been ineligible—even if her grades improve—coaches will require, and students will continue to submit, a weekly grade check form until the end of the season or production.*

# Athlete Code of Conduct

- ★ Each athlete and parent/guardian are required to have a signed Code of Conduct on file in the Athletic office.
  - [Code of Conduct](#)

# Website & Calendar

Sion Website

Twitter = @TheSionStorm



# Champions of Character

Notre Dame de Sion has adopted the *Champions of Character* process for competitive athletic programs.

- ★ The Champions of Character process is committed to excellence in performance and character.
- ★ Used nationwide to teach and model character values to our nation's schools so that their performance on and off the field of athletic competition is enhanced.

# Five Core Values

1. Integrity

2. Respect

3. Responsibility

4. Sportsmanship

5. Servant Leadership

Parent Expectations

Parents Modeling

Poise and Confidence

# Tips:

1. Know Your Role
2. Drop Yours and Adopt Theirs
3. Fill The Emotional Tank
4. Set a great example  
- Attitude is contagious.
5. Give Space
6. What do they really want to hear?

# Parent/Coach Communication

## Athlete

- The Athlete should approach the Coach first regarding an issue.

## Parent

- Start with the coach by setting up an appointment.
  - Please do not approach the coach prior to, after or during a practice or contest.
- If not satisfied, set up an appointment with the Athletic Director.
- Misinformation and rumors are one of the biggest challenges we face.
- PLEASE CONTACT THE ATHLETIC OFFICE WITH CONCERNS OR QUESTIONS.